



RETIREE'S CLUB OF ARIZONA



NEWSLETTER



OCTOBER 2010

Honeywell

PO Box 11633 Scottsdale Arizona 85271-1633

www.garrettretireesaz.com

2010-2011

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President **Ed Taschner** welcomed members and guests to the meeting on September 1, 2010. **Doug Culy** led the Pledge of Allegiance.

Our new Vice-President, **Dick Dippold**, was introduced to the membership.

involved with Darol's rehabilitation after a broken neck from a skiing accident.

Arnie promotes 'healthy aging' beginning with Happiness, then Health, followed by Success, and ending with the Development of Purpose as the

This year your Board has initiated a new method of distributing the Rosters to the membership. They will not be sent to all members. By means of a check box on the front of the dues remittance envelope, you can request a Roster be sent to your home. Otherwise, you may pick one up at the next meeting you attend. When you receive your roster, you should check for correctness of your personal information. Any corrections should be reported to Diane Bennett as soon as possible.

Ed appealed to all attendees to provide ideas for speakers or other activities for the monthly meetings.

Diane Bennett indicates that 43 people have already signed up for the next cruise.

The featured speaker was **Darol Kubacz** of the Freedom for Life Foundation, www.fflffoundation.org. Darol was introduced by **Arnie Fonseca, Jr.**, a wellness coach who was

path to help boomers and beyond to get healthy and strong. Contact information at arnie@yourawesomenow.com.

Darol, now 35, joined the Army at age 17 but suffered a broken back in a training accident leaving him without the use of his legs. He aggressively attacked his VA provided rehab at 21, beginning his development as a new person. He began working for the

Upcoming Events

- **Oct 6 – Meeting - Bob Brown writer/director of a new documentary “Bamboozled -The Case Against Congress”**
- **Nov 3 – Meeting – Stan Settles – Speed Week at Bonneville Salt Flats**
- **Dec – Holiday Luncheon**

Forest Service in Vail Co. helping trail maintenance crews ensure the accessibility of trails for all people. It was there he learned to ski, but then a skiing accident resulted in a broken neck and 4 months cure and rehabilitation in a halo, fortunately with no nerve damage.

Moving to Arizona, he became involved with Arnie who supported his rehab, and the development of his humbleness and appreciation of life. VA benefits supported learning to bicycle and he participated in the D.O.T. 2000, a trans-continental bike ride. A new 3 wheel bike, built in Boston, enabled Darol to ride the rough and ungroomed trails of Arizona.

At his time he developed a vision quest to climb (bicycle up) Mount Kilimanjaro. On the second attempt, he and his team accomplished the 36 mile round trip, 12,000 vertical foot climb, in 12 days. The descent, however, only took 18 hours.

His meeting with physically challenged natives after the climb led Darol to return to the US and create his foundation which now has 5 bikes and specially modified campers allowing people with all types of physical challenges to get out into nature. In concert with Rotary International, an exchange program will allow challenged Arizonans to visit Australia and vice versa.

As Darol summarized, the key issue for him was the development of his mission to share

experiences with others who might not otherwise be able to participate.

This month's charity donation was sent to **Freedom for Life Foundation**. The 50/50 raffle winners were **Bob Rencenberger** and **Larry Vine**.

A list of the charities from which the board chooses monthly donations is posted on the website. If you have a favorite charity you would like the club to consider for donations, please bring it to our attention.

October's speaker will be **Bob Brown** writer/director of a new documentary "Bamboozled - The Case Against Congress". This new 26 minute documentary lays the blame on who is directly responsible for the "meltdown" and recession we are all going through. It is educational, non-partisan and entertaining. It gives us reason for making sure we get out and vote on November 2.

We are looking for volunteers to call members to remind them of upcoming meetings. If willing to help, please contact **Diane Bennett**.

Have you moved? If so please provide your new address to **Diane Bennett** in order to continue to get this terrific newsletter et. al.

We welcome any member who wishes to speak to the meeting on a topic of general interest. To do so, please contact any Board Member immediately prior to the start of the meeting.

The Club issues new membership rosters each year. We ask you to properly destroy (shred) old rosters. This information is provided so that our members may stay in touch with good friends. We do not wish this information to fall into the hands of solicitation organizations or worse.

Please remember to wear your badge to meetings and functions. It sure helps in remembering names. If you have lost your badge, **Diane Bennett** can make you a new one for a \$2.00 charge.

Reminder - we no longer charge dues for the spouse of couples who are both retirees from AiResearch/ Garrett/ AlliedSignal/ Honeywell.

Our monthly meetings are held at the **Scottsdale Senior Center, 1700 N. Granite Reef**, (just north of McDowell). The meetings are held on the first Wednesday of every month, September - May, except for December - our Holiday Luncheon. Our social hour begins at **1:00 pm**, club business is conducted at **1:45 pm**, the presentation starts at **2:00 pm** and adjournment is at **3:00 pm**.

Board meetings will no longer be held prior to the regular meeting. However, we do welcome your input and please contact any board member or send the editor any items that may be of interest to our members.

HELP EACH OTHER

If you need some assistance, e-mail s.mitnik@worldnet.att.

net with your need and contact information.

[AiResearch/Garrett Historical Information](#) - **Ed Gammill**, Historian, asks that if you send/give him photos, please write on the back the names of everyone in the photo. He has just received a package of 1980-1995 brochures and news clippings from **Earl Close**. Ed's contact info is on page 1.

The Club periodically receives information about employment opportunities that may be of interest to our members. We put notices in the newsletter and post them on the website when new opportunities become available.

NEWS YOU CAN USE

The Retirees Club Board has decided that for sale or trade items will not be published in the newsletter. However, we will provide a bulletin board at each meeting where any club member may post for sale or trade items for the duration of the meeting. All posted items will be discarded at the conclusion of the meeting.

Honeywell Health and Wellness Center memberships are available for retirees and their spouses at just \$10 per month per person. Get together with some of your buddies! Call them! Phoenix 602 -231-7920, Tempe 480-592-1389. **Wellness Center** info is also posted on our website.

2010 Activity Calendar Honeywell Retirees of Arizona (Honeywell North):

- October 27 Octoberfest Picnic
- November 2 Medicare Update Seminar
- November 10 Olive Oil Mills
- December 2 Christmas Dinner and Dance at Arrowhead Country Club
- December 16 Fall Golf Tournament

More info at WWW.HRCAZ.ORG

Other Stuff

A vulture boards an airplane, carrying two dead raccoons. The stewardess looks at him and says, "I'm sorry, sir, only one carrion allowed per passenger."

Two fish swim into a concrete wall. The one turns to the other and says, "Dam!"

Two Eskimos sitting in a kayak were chilly, proving once again that you can't have your kayak and heat it too.

Two hydrogen atoms meet. One says, "I've lost my electron."

The other asks, "Are you sure?"

The first replies, "Yes, I'm positive."

Did you hear about the Maharishi who refused Novocain during a root canal? His goal: transcendental medication.

A group of chess enthusiasts checked into a hotel and were standing in the lobby discussing their recent tournament

victories. After about an hour, the manager came out of the office and asked them to disperse.

"But why?" they asked, as they moved off.

"Because", he said, "I can't stand chess-nuts boasting in an open foyer."

A woman has twins and gives them up for adoption. One of them goes to a family in Egypt and is named "Ahmal." The other goes to a family in Spain; they name him "Juan."

Years later, Juan sends a picture of himself to his birth mother. Upon receiving the picture, she tells her husband that she wishes she also had a picture of Ahmal.

Her husband responds, "They're twins! If you've seen Juan, you've seen Ahmal."

Three friars were behind on their belfry payments, so they opened up a small florist shop to raise funds. Since everyone liked to buy flowers from the men of God, a rival florist across town thought the competition was unfair. He asked the good fathers to close down, but they would not.

He went back and begged the friars to close. They ignored him. So, the rival florist hired Hugh MacTaggart, the roughest and most vicious thug in town to "persuade" them to close. Hugh beat up the friars and trashed their store, saying he'd be back if they didn't close up shop.

Terrified, they did so, thereby

proving that only Hugh can prevent florist friars.

What makes 100%? What does it mean to give MORE than 100%? Ever wonder about those people who say they are giving more than 100%? We have all been to those meetings where someone wants you to give over 100%. How about achieving 103%? What makes up 100% in life?

Here's a little mathematical formula that might help you answer these questions:

If:
A B C D E F G H I J K L M N
O P Q R S T U V W X Y Z
is represented as:
1 2 3 4 5 6 7 8 9 10 11 12 13
14 15 16 17 18 19 20 21 22 23
24 25 26

Then
H-A-R-D-W-O-R-K
8+1+18+4+23+15+18+11 =
98%

and
K-N-O-W-L-E-D-G-E
11+14+15+23+12+5+4+7+5 =
96%.

But
A-T-T-I-T-U-D-E
1+20+20+9+20+21+4+5 =
100%

and
B-U-L-L-S-*-*-T
2+21+12+12+19+8+9+20 =
103%

AND, look how far ass-kissing will take you.

A-S-S-K-I-S-S-I-N-G
1+19+19+11+9+19+19+9+14+
7 = 118%

So, one can conclude with mathematical certainty, that while Hard Work and Knowledge will get you close, and Attitude will get you there, it's the Bulls**t and Ass-Kissing that will put you over the top.

A C-130 was lumbering along when a cocky F-16 flashed by.

The jet jockey decided to show off.. The fighter jock told the C-130 pilot, 'watch this!' and promptly went into a barrel roll followed by a steep climb. He then finished with a sonic boom as he broke the sound barrier. The F-16 pilot asked the C-130 pilot what he thought of that?

The C-130 pilot said, 'That was impressive, but watch this!' The C-130 droned along for about 5 minutes and then the C-130 pilot came back on and said: 'What did you think of that?'

Puzzled, the F-16 pilot asked, 'What the heck did you do?'

The C-130 pilot chuckled. 'I stood up, stretched my legs, walked to the back, went to the bathroom, then got a cup of coffee and a cinnamon roll.'

The moral of the story is... When you are young and foolish - speed and flash may seem a good thing ! When you get older and smarter - comfort and dull is not such a bad thing!

We older folks understand this stuff.

Signs found in bars

A Woman's Rule of Thumb:
If it has tires or testicles,
You're going to have trouble
with it

Friends don't let friends take
home ugly men.

If life is a waste of time,
And time is a waste of life,
And time is a waste of life,
Then let's all get wasted
together

And have the time of our lives.

No matter how good she looks,
Some other guy is sick and
tired

Of putting up with her s**t.

*In Memory of our
departed friends and co-
workers*

- MAYNARD BAILEY**
- GREGORY BATES**
- JEAN BUESCHER**
- JAMES CREAGER**
- HENRY GLASS JR.**
- WALTER JOHNSON**
- WILLARD KENNEDY
JR.**
- OTIS KING**
- R. MAURER**
- ARTHUR PARK**
- GAIL REESE**
- ORVIL DEAN TUCKER**
- RON UTKE**
- BILLIE WARD**
- GERALD WOITYRA**