



RETIREE'S CLUB OF ARIZONA



NEWSLETTER

Honeywell



November 2011

PO Box 11633 Scottsdale Arizona 85271-1633

www.garrettretireesaz.com

President

Ed Taschner 480-837-6262
edtaschner@cox.net

Vice President

John Lester 480-733-6532
JohnLester@Sprintmail.com

Treasurer

Karl Pfitzer 480-635-2080
pvkarl@cox.net

2011-2012

Board of Directors

Secretary/Refreshments Chairman

Diane Rencenberger

Membership / Events / Travel Chairman

Diane Bennett 480-994-5243
AzBennett3@cox.net

Recording Secty.

Faye McDonald 480-980-5114
Faye.McDonald@cox.net

Past President

Frank Holman 480-994-4590
frankholman@cox.net

Historian

Ed Gammill 602-840-7101
edgammill@aol.com

Editor

Stu Mitnik 480-897-1629
smitnik@cox.net

Web Master

Mike Peterson
mrpetersonaz@cox.net

Photographer

Volker Otto 480-816-9184

At Large Member

Al Stimac 480-218-7199
stimac@cox.net

At Large Member

Dick Dippold 480-991-4681
dickdippold@peoplepc.com

President **Ed Taschner** welcomed members and guests to the meeting on October 5, 2011. **Ken Blakely** led the Pledge of Allegiance.

Ed announced that **Ralph Koepke** has stepped up to create a volunteer program in association with Southwest Wildlife Rehabilitation and Educational Foundation. Stay tuned for more info. Thanks **Ralph**.

We are still looking for a volunteer to assist **Diane Bennett**. Please help.

A Special Thank You ceremony honored the volunteers who monthly call or email members with meeting reminders. These helpers are **Barb Cheshire, Wil Coe, Dick Collins, Doug Culy, Jene Jacoby, Jim Lambert, Dee Marlowe, George Mattson, Arlene Mudd, Lorna Lee Orsburn, Ron Pepper and Dolly Rangel**.

It's **Dues Time**. Please remember to send in your dues.



L to R Doug Culy, Jim Lambert, Lorna Lee Orsburn, Barbara Cheshire, Jene Jacoby

Vice President **John Lester** introduced our featured speaker **Don Robins**, former Executive Director of Engineering Design, GM Truck Group, and current SAE AWIM Coordinator - State of Arizona. This SAE award winning program "A World in Motion" (AWIM) www.awim.org provides opportunity for youths ranging from K-12 school age to work alongside real engineers as they create projects such as toy cars and fuel cells.

There is an imminent crisis in the availability of engineers in the United States. The SAE Foundation, charitable arm of

Upcoming Events

- Nov 2 – Meeting - Ed Antonowicz, ComForcare Senior Services - ComForcare Home Care Services
- Dec 13 - Holiday Luncheon – Fountain Hills
- Jan 4 - Meeting

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SAE(www.saefoundation.org), is challenged to STEM (Science, Technology, Engineering, Mathematics) this crisis. Donating materials, and with no cost to schools, AWIM has engaged 4 million North American students teaching critical fundamentals of how to use science and math, improving language arts both oral and written and fostering use of teamwork in problem solving.

Each team is given a set of performance requirements and a kit of parts, but no instructions. Over a period of 6-7 weeks, each team must design, build and test their device to determine how well the requirements were met and then present the results.

How can we each help to STEM the crisis?

- Financial support
- Volunteer in AWIM classroom 1 day per week
- Volunteer in Collegiate Design Series Competitions

Why volunteer:

- Develop future talent
- Build community relations
- Stay involved with young minds
- Enable our economic future
- Have fun

Honeywell is a major participant in SAE collegiate programs. See www.honeywell-sae.com/.

Next month's speaker will be **Ed Antonowicz**, ComForcare Senior Services - ComForcare Home Care Services. ComForcare is a Scottsdale-based company that provides non-medical home care to seniors. The company supports inde-

pendence, dignity, and quality of life to our senior citizens by delivering qualified, guaranteed home care services.

Also **Leigh Dechaine** will follow up his presentation with information about the plane crash that occurred this year at the Remo Air Races.



President's Column

Let's talk about volunteerism.

Research has verified that staying active contributes to a healthier and longer lived life and that social supports are critical to the healthy aging. (That would be us)

Look throughout this newsletter. It is full of opportunities to help someone. The Foster Care Review Board needs folks. Diane Bennett needs help with her Club duties. Ralph Koepke is organizing a volunteer program for the Southwest Wildlife Conservation Center ... see what you can do to help him. The SAE, Honeywell, and the Arizona Technology Council all have wonderful opportunities to mentor our young students.

Make a difference. Help someone or organization in need.

Ed



Our roster contains incorrect email addresses for the following members:

**Maczko, Joseph
McCormick, Jim
McFarland, Ed
McKenzie, Jerry
Newton, Michael
Northbrook, Jerry
O'Brien, Rosemary
Peckardt, Alan
Peralta, Dan
Radestock, Larry
Rahorn, Lyle
Ramson, Jack
Rebeske Jr., John
Redman, Jack
Rexroat, Bob
Schairer, William
Schmidlin, Lois
Schwinghamer, Wm
Smith, Elmer
Smith, Louis
Sotelo, Joe
Spann, Susan
Spruce, Connie
Stevens, Charles
Thiyagarajan, Rajan
Timmer, Larry
Turner, Velvarose
Turner, Dick
Waters, Jan
Witt, Bill
Wittkind, Arnie
Woody, Shirley
Zanoni, Kathleen
Zeiner, Ernie**

If your name is on this list, please contact **Diane Bennett**.

This month's charitable donation went to **STARS**. Club guidelines now dictate that we support local charities exclusively. Thank You notes were received from **WellCare, Hospice of the Valley and Barrow Neurological Institute**.

The 50/50 winners were **Jim Weir** and **Barb Cheshire**.

A list of the charities from which the board chooses donations monthly is posted on the website. If you have a favorite charity you would like the club to consider for donations, please bring it to our attention.

Have you moved? If so provide your new address to **Diane Bennett** in order to continue to get this terrific newsletter et. al.

We welcome any member who wishes to speak to the meeting on a topic of general interest. To do so, please contact any Board Member immediately prior to the start of the meeting.

The Club issues new membership rosters each year. We ask you to properly destroy (shred) old rosters. This information is provided so that our members may stay in touch with good friends. We do not wish this information to fall into the hands of solicitation organizations or worse.

Please remember to wear your badge to meetings and functions. It sure helps in remembering names. If you have lost your badge, **Diane Bennett** can make you a new one for a \$2.00 charge.

Reminder - we no longer charge dues for the spouse of couples who are both retirees from AiResearch/ Garrett/ AlliedSignal/ Honeywell.

Our monthly meetings are held at the **Scottsdale Senior Center, 1700 N. Granite Reef**, (just north of Mc-

Dowell). The meetings are held on the first Wednesday of every month, September - May, except for December - our Holiday Luncheon. Our social hour begins at **1:00 pm**, club business is conducted at **1:45 pm**, the presentation starts at **2:00 pm** and adjournment is at **3:00 pm**.

Board meetings will no longer be held prior to the regular meeting. However, we do welcome your input. Please contact any board member or send the editor any items that may be of interest to our members.

HELP EACH OTHER

If you need some assistance, e-mail smitnik@cox.net with your need and contact information.

AiResearch/Garrett Historical Information - **Ed Gammill**, Historian, asks that if you send/give him photos, please write on the back the names of everyone in the photo.

NEWS YOU CAN USE

The Foster Care Review Board Needs You

Foster Care Review Board (FCRB) volunteers are citizens from the community who are appointed by the presiding juvenile court judge to serve on five-member boards. Each month volunteers commit one day to reviewing the cases of children in foster care. They read various reports including court reports, case plans, psychological evaluations and drug screens and listen to the interested parties who attend

the reviews. The volunteers use this information to make informed recommendations to the juvenile court and other interested parties regarding services and permanency options for the children's cases they are reviewing. More than 9500 children currently are in care. For more information, please contact Charlie Gray at 602-452-3615 or visit our website at www.azfcrb.org.

The Granite Reef Senior Center is hosting the 28th annual **Senior Arts and Crafts Fair**, on Saturday, November 19, 2011 - 10 a.m. - 4 p.m. If you interested in selling homemade crafts, paintings, jewelry, photography, holiday decorations, clothing, etc. at the Senior Arts & Crafts show, visit the City of Scottsdale's tax & license website for detailed information on becoming a special event vendor within the City of Scottsdale. No computer, Call the Senior Center at 480-312-1700 for more info.

The Club periodically receives information about employment opportunities that may be of interest to our members. We put notices in the newsletter and post them on the website when new opportunities become available.

If you would like to honor or provide information about a member with a newsletter blurb, please e-mail the information to smitnik@cox.net.

Honeywell Health and Wellness Center memberships are available for retirees and their

spouses at just \$10 per month per person. Get together with some of your buddies! Call them! Phoenix 602 -231-7920, Tempe 480-592-1389. **Wellness Center** info is also posted on our website.

2011 Activity Calendar Honeywell Retirees of Arizona (Honeywell North):

- November 17 Financial Seminar
- November 22 Arizona Science Center
- December 8 Honeywell/Sperry Christmas Party

More info at WWW.HRCAZ.ORG

Other Stuff

Amazing, simple home remedies:

1. Avoid cutting yourself when slicing vegetables by getting someone else to hold the vegetables while you chop.
2. Avoid arguments with the females about lifting the toilet seat by using the sink.
3. For high blood pressure sufferers ~ simply cut yourself and bleed for a few minutes, thus reducing the pressure on your veins. Remember to use a timer.
4. A mouse trap placed on top of your alarm clock will prevent you from rolling over and going back to sleep after you hit the snooze button.
5. If you have a bad cough, take a large dose of laxatives. Then you'll be afraid to cough.
6. You need only two tools in life - wd-40 and duct tape. If it

doesn't move and should, use the wd-40. If it shouldn't move and does, use the duct tape.

7. If you can't fix it with a hammer, you've got an electrical problem.

Thought for the day: some people are like slinkies - not really good for anything but they bring a smile to your face when they're pushed down the stairs.

Never, under any circumstances, take a laxative and sleeping pills on the same night !

Top 10 Reasons Why Men Prefer Guns Over Women

#10 - You can trade an old 44 for a new 22.

#9 - You can keep one gun at home and have another for when you're on the road.

#8 - If you admire a friend's gun and tell him so, he will probably let you try it out a few times.

#7 - Your primary gun doesn't mind if you keep another gun for a backup.

#6 - Your gun will stay with you even if you run out of ammo.

#5 - A gun doesn't take up a lot of closet space.

#4 - Guns function normally every day of the month.

#3 - A gun doesn't ask, "Do these new grips make me look fat?"

#2 - A gun doesn't mind if you go to sleep after you use it.

And the Number One reason Why Men Prefer Guns over women.....

#1 - You can buy a silencer for a gun!

Love those Church Ladies... They're Back!

Please place your donation in the envelope along with the deceased person you want remembered.

My Grandparents are funny. When they bend over, you hear gas leaks and they blame their dog.

In Memory of our departed friends and co-workers

- KARL BETHSOLD**
- VERNON BREWER**
- A. BUFFER**
- KENNETH BULT**
- ANGELO CILIENTO**
- ROBERT DEVINE**
- PAUL DECLARK**
- GEORGE DUNFEE**
- HARLAND HANSEN**
- HARRY LIT**
- MICHAEL NEWTON**
- RODGER O'CONNOR**
- JAMES PROST**
- JON ROMINEK**
- VIC SEYMOUR**
- LARRY SIMPSON**
- JOHN WHEELER**
- LLOYD WHITEMAN**